

Report Concerns

What can I do if I am a child or young person who is being abused or neglected?



ChildLine is a free, confidential helpline for all children and young people in the UK. You can call at any time of night or day, and talk about any problem. Just pick up a phone and dial **0800 1111**.

NSPCC 
Cruelty to children must stop. FULL STOP.

You can ring the NSPCC helpline on **0808 800 5000**.



You can ring Children's Services on **0300 123 4043**.

Call the Police on **999** in an emergency.

You can also call the Police's Child Abuse Investigation Unit on **0845 33 00 222**. This is a specialist team that is a department within the police with countrywide responsibility for undertaking child protection investigations.

We aim to provide information in a format or language that is easy to read and understand by our customers.

Please contact Customer Services on 0300 500 62 62 if you require this publication in large print format, Braille or on audio tape.

Nëse keni vështirësi për të kuptuar këtë botim, ose nëse anglishtja nuk është gjuha juaj e parë, ju lutemi kontaktoni Shërbimet për Klientin në **0300 500 6262**

Albanian

Se ha difficoltà a comprendere questo documento o se l'inglese non è la Sua madre lingua, la preghiamo di contattare l'Assistenza Clienti allo **0300 500 6262**

Italian

Jeżeli masz trudności ze zrozumieniem tej publikacji lub angielski nie jest Twoim pierwszym językiem, prosimy o skontaktowanie się z linią obsługi klienta pod numerem: **0300 500 6262**

Polish

Bu broşurü anlamakta güçlük çekiyorsanız ya da asıl diliniz İngilizce değilse, lütfen Müşteri Hizmetleri'ne telefon edip Türkçe'ye çevrilmesini isteyin. Tel: **0300 500 6262**

Turkish

এই প্রকাশনা বুঝতে আপনার যদি কোন সমস্যা হয় অথবা ইংরেজী ভাষা যদি আপনার মাতৃভাষা না হয় তাহলে অনুগ্রহ করে **0300 500 6262** নম্বর ফোনে কাস্টমার সার্ভিসসকে যোগাযোগ করুন

Bengali

પો તમને આ પ્રકાશન સમજવામાં કોઈ મુશ્કેલી હોય અથવા અંગ્રેજી તમારી માતૃભાષા ન હોય તો, કૃપા કરીને આહવાર **0300 500 6262** પર સંપર્ક કરો

Gujarati

इस प्रकाशन को समझना यदि आपके लिये मुश्किल हो, या अगर अंग्रेज़ी आपकी भाषा नहीं है तो कृपया कस्टमर सर्विसेज़ से फोन नंबर **0300 500 6262** पर संपर्क करें।

Hindi

ਜੇ ਇਸ ਖਬਰੇ ਜਾਂ ਵਿਵਾਦ ਦੇ ਨੂੰ ਪੜ੍ਹਨ ਵਿਚ ਤੁਹਾਨੂੰ ਕੋਈ ਮੁਸ਼ਕਲ ਆਉਂਦੀ ਹੈ, ਜਾਂ ਜੇ ਅੰਗਰੇਜ਼ੀ ਤੁਹਾਡੀ ਪਹਿਲੀ ਖੋਲੀ ਨਹੀਂ, ਤਾਂ ਵਿਰਧਾ ਕਰਕੇ ਕਸਟਮਰ ਸਰਵਿਸਿਜ਼ ਨਾਲ ਨੰਬਰ **0300 500 6262** 'ਤੇ ਕਾਲ ਕਰੋ।

Punjabi

اس اشاعت کو سمجھنے میں اگر آپ کو مشکل درپیش ہو، یا اگر انگریزی آپ کی زبان نہیں ہے تو برائے مہربانی کسٹمر سروسز سے فون نمبر **0300 500 6262** پر رابطہ کریں۔

Urdu

For more information on work of the Young Persons Service team or to discuss new projects of partnership working, please contact:

Catalyst Housing Ltd
6 Houghton Hall Business Park
Porz Avenue
Houghton Regis
Bedfordshire
LU5 5UZ
t: **0300 500 62 62**



catalyst

www.chg.org.uk

YPS
young persons service

Safeguarding

LET'S LOOK AFTER EACH OTHER



**A new start,
a new beginning**

What is Safeguarding?

Safeguarding is the word used to describe how organisations and individuals do their best to ensure that young people are kept healthy, safe and free from abuse.

What is Abuse?

Abuse is the term used when a young person is allowed to come to harm. Bullying is a common form of abuse between young people.

There are many ways that abuse and bullying can happen.

Physical Abuse

- *When a young person is deliberately hurt by another person.*

Emotional Abuse

- *When a young person is threatened, humiliated or made to feel scared and vulnerable. This can be in person, by text message, on Facebook or through any other form of communication.*

Sexual Abuse

- *When a young person is forced or pressurised to take part in sexual activity.*

Financial Abuse

- *This can include theft, forcing young people to work for nothing or pressurising young people into parting with their money or other valuable items.*

Neglect

- *When someone ignores the medical, physical or emotional needs of a young person.*

Discrimination

- *When someone is treated unfairly because of their culture, ethnicity, race, sexuality, age, gender or disability.*

Abuse of Rights

- *When someone does not support a young person to access the human rights they have under the law.*

Organisational Abuse

- *When an organisation behaves in a way that does not follow their own policies and procedures and that this could lead to the potential harm of a young person.*

Domestic Abuse

- *When any form of abuse occurs between those who are living together within a partnership or between family members.*

Modern Slavery

- *The recruitment or harbouring of young people through the use of force or any other means for the purpose of exploitation.*

Radicalisation

- *Where a young person is encouraged to adopt extreme political, social and religious ideals and aspirations.*

Child Sexual Exploitation

- *When an individual or group takes advantage of an imbalance of power to coerce, manipulate or deceive a child or young person under the age of 18 into sexual activity of any kind.*

What do I do if I think I am being abused?

Tell someone you trust as soon as possible.

This could be a project worker or your project manager.

Catalyst Young Persons Service believes that all young people have the right to be treated with dignity and respect. We condemn all forms of abuse and all staff have training to ensure that they work in a way that is 'abuse aware'.

If you decide to speak to staff at your project they will do their best to make sure that you get the support you need from other organisations.

If you do not want to speak to project staff you could also tell a teacher, a social worker, a policeman, a family member or a friend.

There are also a number of telephone numbers on the back of this leaflet that you can call to get help directly.

What if I see someone else being abused?

Again, please tell someone as soon as possible.

Even if you are not sure, it is important to tell people in case you are correct.

Your comments will be kept confidential and you might be able to prevent someone from suffering further harm.



If you believe that you or other young people are being targeted by someone in your area please use the contact numbers over the page to report this.