

# *Park Views*



A new look regeneration  
newsletter for Friary Park

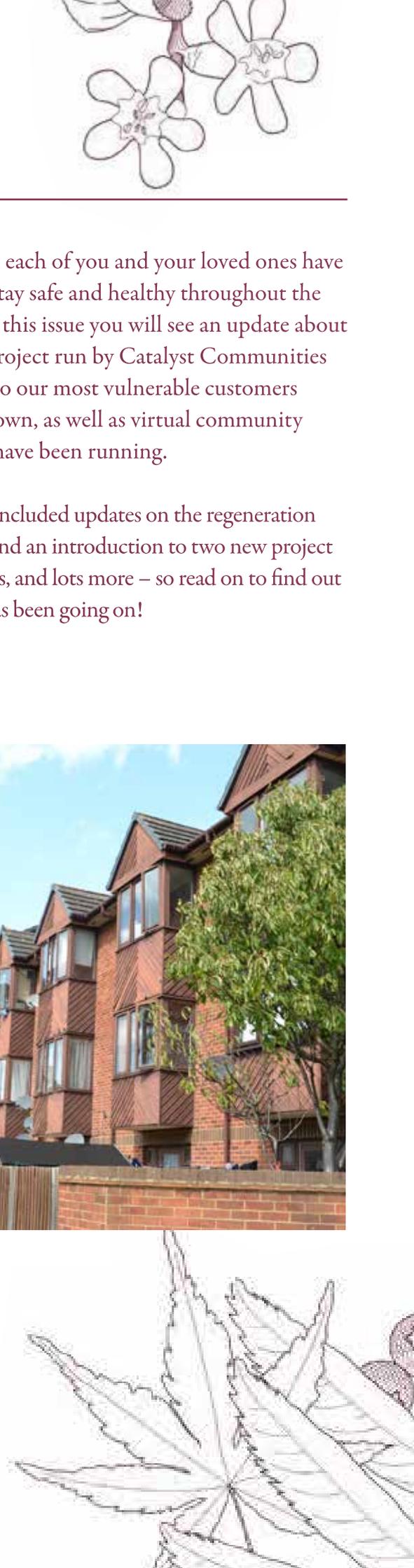
# Welcome

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Hello everyone and welcome to the first edition of Park Views – your updated Friary Park newsletter! We will be publishing these once every quarter, and they will be filled with information about the progress of the regeneration, any construction and consultation news, community updates and lots more. We've also extended the reach of this newsletter, so that residents in the local area can also be kept up to date – so welcome to all of you!

We hope that each of you and your loved ones have managed to stay safe and healthy throughout the pandemic. In this issue you will see an update about a wellbeing project run by Catalyst Communities to reach out to our most vulnerable customers during lockdown, as well as virtual community activities we have been running.

We have also included updates on the regeneration programme, and an introduction to two new project team members, and lots more – so read on to find out about what has been going on!



# Regeneration News

*Since the last newsletter, Mount Anvil and Catalyst have been busy behind the scenes planning for when we start work!*

## Regeneration - where are we?

We continue to work closely with the residents in phase 1a and phase 1b to rehouse them in suitable alternative accommodation that meets their rehousing needs. There have been some delays to the programme due to Covid-19. We are working to keep as close as possible to the original start on site date of October 2020, but we believe it is more likely that we will start on site in early 2021.

We have also started to gather housing needs information for those residents who live in phase 2 and 3 of the regeneration so we have all the information we require to make suitable offers as and when they arise.

**If you haven't been contacted or if your circumstances have changed please call us on 0300 456 2099 and ask to speak with the Friary Park Rehousing team.**

## Construction update

We are looking at how we can begin to disconnect some old services, such as gas and electricity, from the blocks that are already vacant. This work can be done before we begin properly on site, and needs to be done before any demolition can happen. We hope to start this work later this year, and it will help make sure that once we do start on site, the demolition can run as smoothly as possible. We will let residents know when we have a clear timeline for these works.

We are also currently working up our construction traffic management and logistics plan. This plan will help us to control the amount of traffic onsite once work begins, and help us to minimise disruption and noise. More details on this and our plans to minimise dust, noise and vibration will follow when we have a clear start on site date.

Catalyst and Mount Anvil are currently thinking about what the hoarding around the scheme might look like too. The hoarding is firstly a security barrier, but it can also display information about the project, as well as interesting community art work, histories and much more. The hoarding will be put up before any work starts. We have been working hard to decide where the hoarding will be positioned, and how we can incorporate community projects and branding for the new homes into the design you will see.



## Catalyst Communities check in

In response to Covid, Catalyst launched the Wellbeing Project, working in partnership with local agencies to connect our customers with vital support services.

Across Catalyst, the Wellbeing team has so far made over 5,935 calls, and engaged with 3,174 households of which 546 have been referred to different services within Catalyst or signposted to external agencies.

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## Friary Park

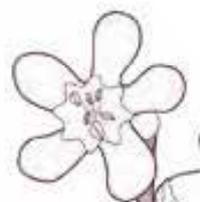
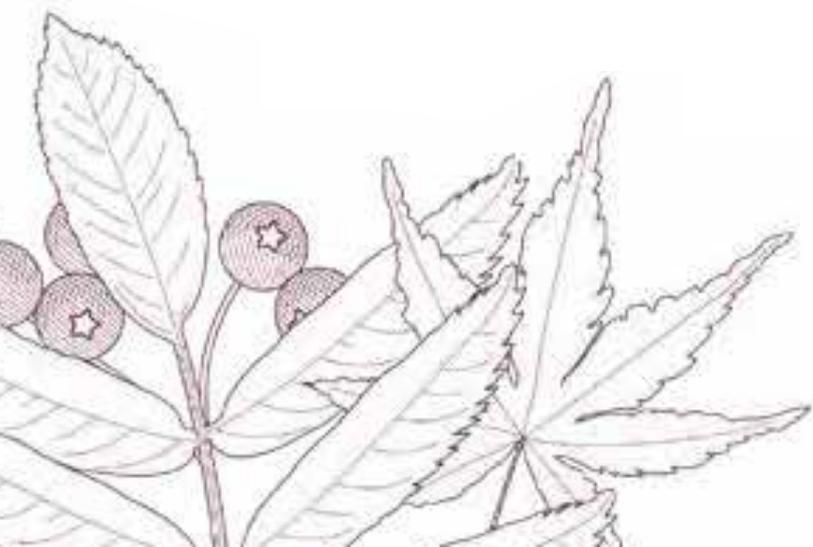
The Housing and Regeneration team lead on wellbeing outreach at Friary Park, contacting approximately 146 households to offer support. The team also took this as an opportunity to update our records on individual housing needs for residents living in Phases 2 and 3 of the Regeneration.

Many residents told us they were happy to receive a wellbeing check in call, and appreciated the offer of extra support.

- Through many positive conversations, the team has been able to complete 60 housing needs surveys, whilst also providing updates on the regeneration programme.
- A total of 19 residents benefitted from 1-2-1 befriending, and receiving weekly or bi-weekly calls for a friendly chat.
- We were able to provide some isolated residents with IT equipment to help to enhance social contact during lockdown, and referrals were also made to Catalyst support teams and external support agencies.

If you or any of your neighbours haven't been contacted yet and you need support as described above, you can contact the Wellbeing team on **0300 456 2099**

We hope the Wellbeing Project will help us connect with those of you most in need and wish you good health in these challenging times.



# Changing faces

*Welcome to Sola and Ann Marie!*

We would like to say a big thank you to Suman Kumar who's been one of the Housing and Regeneration Coordinators for the last year at Friary Park. Suman has been promoted to a new role and will be temporarily working away from the area. We also want to give a very warm welcome to two new faces at Friary Park! Sola Estefanos has recently joined Mount Anvil, and Ann-Marie Fineman is not new to Catalyst, but has moved over to join the Friary Park team



**Sola:** “Hello! My name is Sola Estefanos and I recently joined Mount Anvil as Community Engagement Coordinator. I am looking forward to meeting you, virtually in the beginning and face to face in the future.

Previously, I worked for Mulalley a construction company for 7 years, as a Resident Liaison Officer.

As part of the Mount Anvil team, I am here to support you with any construction related queries. I will provide you with timely information on the ongoing works and make sure that any concerns you have throughout the development process are addressed. I will also be working alongside the Catalyst team on any community initiatives.

I am passionate about supporting local communities and schools and building relationships through open communication.

I hope to run a series of virtual coffee mornings, which will later become a staple in Friary Park throughout the development.

**I'm really looking forward to getting to know you all!”**

**Ann Marie:** ‘Hi everyone, I’m Ann-Marie! I’m new to Friary Park as a Housing and Regeneration Coordinator, though I’ve worked for Catalyst for over 7 years now! I began working in the Catalyst Gateway team – now known as Catalyst Communities, before moving over to Housing and Regeneration.



I really enjoy working with people from all walks of life in our communities. When you help residents move in to their new homes after building relationships for years, it’s a really great experience.

Along with Eve and Narmeen, I’ll be helping Friary residents find new homes, either in the new homes we will build or somewhere else if that’s what you would prefer! Its really important to all of us that you are comfortable and happy in the place you call home, and we will be working our hardest to make sure that happens for every one of you.

I am looking forward to building great relationships with residents on Friary Park, and helping you to move in to your new forever homes!”

**We cannot wait to meet you all!**

# Friary Park keeps connected during social distancing

Currently we are not able to run the usual activities that we would have in the community centre. However, there are still lots of ways for the community to connect virtually and spend some time together.

## Yoga

We began running free online Yoga classes in April on Saturday mornings. These have been a fun and healthy way for the participants to get together, and do some exercise as a group, whilst not needing to leave the house.



A participant in the classes, said “My daughter and I have been attending the Saturday community yoga sessions since day one. However, since the lockdown the sessions have been held via zoom. Tony (our lovely yoga instructor) has made every effort to make the sessions interactive, enjoyable and customised to our needs and ability level. We really look forward to the Saturday yoga sessions every week and know that after every session our bodies and minds feel energised, relaxed, stretched and ready for the weekend ahead. We would highly recommend for more people to try our yoga sessions. We would highly recommend for more people to try our yoga sessions and are very grateful for this opportunity offered to the Friary Estate community.”

These classes have run successfully every week, so we will be continuing to run them. To get involved, email [nuria.rodriguez@chg.org.uk](mailto:nuria.rodriguez@chg.org.uk)

## Employment and Skills Workshops

Are you interested in attending employment and skills workshops online?

Are you interested in working in the construction sector, but don't know how to start?

Are you unable to get online because you don't have the right equipment or don't know how to use it?

Catalyst communities are organising two employment initiatives for Friary Park residents. There will be a series of September webinars focusing on employment skills and development. This will be followed up by online workshops including:

- CV writing
- Interview techniques
- Job search skills
- Working in the construction industry

If you want to find out more please contact the team on 0300 456 2099. We can help you access online support, training and qualifications. We can also provide 1-1 employment support online and over the phone (while our offices and community centres remain closed). This support is open to both employed and unemployed residents.

Please call 0300 456 2099 and ask for the employment and skills team to find out more.





## Summer programme – open for booking!

We have enjoyed having our annual summer programme at Friary Park and around West London for the past few years, and we know lots of you have too!

Due to Covid 19 we can't deliver the programme in the same way as we normally do, but there will still be plenty of fun opportunities for kids, young people and families to get involved in!

To see the activities on offer, make bookings and order an activity pack, please go to <https://www.chg.org.uk/residents/supporting-communities/summer-holiday-programme/> or email [communities@chg.org.uk](mailto:communities@chg.org.uk)

## Play, art and learning

At the beginning of lockdown, we teamed up with A.P.P.L.E., a play and arts charity based on Acton Park, to offer online daily activities for children and young people. So far we have had some great fun sessions online, including quizzes, dancing, cooking, arts, fashion, modelling, and even more! A.P.P.L.E are keeping their Facebook up to date with lots of the exciting stuff that's going on, so have a look at [www.facebook.com/appleartblock](https://www.facebook.com/appleartblock).



# Up coming events

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## **Friary Citizen 2020 - building up towards Flash Back Friary, a memories & heritage project.**

This project explores the present, past and future of the Friary community and its people. Participants are currently at the present stage exploring their present life experience and identity while they are connecting with each other. They will express creatively that journey and there will be an online exhibition.

Everyone is welcome to join the online project Monday between 7-8pm via zoom. We facilitate training if people don't feel confident meeting up online or using smart devices.

To get involved drop an email to [info@artification.org.uk](mailto:info@artification.org.uk)



## **Free online Yoga**

We are delivering free online Yoga classes on Saturday mornings 10 – 11am. Everyone is welcome to join, and it's open to all abilities. email [nuria.rodriguez@chg.org.uk](mailto:nuria.rodriguez@chg.org.uk) to get involved

## **Summer programme**

To see the activities on offer, make bookings and order an activity pack, please go to <https://www.chg.org.uk/residents/supporting-communities/summer-holiday-programme/>

## **Staying in touch**

If you have any questions or concerns about the regeneration of Friary Park contact us on:

### **Contact us on:**

✉ [Friary.Park@chg.org.uk](mailto:Friary.Park@chg.org.uk)

☎ Customer Contact Centre: 0300 456 2099

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