



Catalyst



# Saving energy

Tips to help you save money by saving energy

# Saving energy

**Do you want to manage your utility bills better? Do you want to know of some quick and easy ways to save money in your home? Then follow our energy saving tips – you could save up to £450 a year.**



## Switch your bill, fix your prices

The Office for Gas and Electricity Markets

recommends a number of websites where you can switch your energy company and fix the price for up to two years. You could save up to £300 if you switch suppliers.

Details at [www.goenergysshopping.co.uk](http://www.goenergysshopping.co.uk)



## What a turn off

Turning off lights and appliances when you're not using them can save you up to 20% off your electricity bill.



## Take control

Learning how to use heating controls can save you hundreds of pounds each year.

- Set the timer so your heating automatically switches off when you're asleep or away from the house.
- Set your room thermostat to between 18°C–21°C.
- Adjust individual radiator controls depending on the room, its size and your usage.





#### **Get yourself out of hot water**

Hot water use makes up around 25% of your yearly energy use. If you take a shower or wash up, you're paying twice – once for the water and again to heat it up. By taking shorter showers and not leaving the tap running, you'll see your energy bills cut.



#### **Get to know your meter**

Take meter readings and submit them every month to your energy company.

This will help you keep an eye on the energy you're using and make sure the energy company is billing you accurately.

# Typical appliance cost per year



TV and DVD

**£67**



'B' rated tumble drier (7kg)

**£78**



'A+' rated fridge freezer

**£62**



Desktop computer

**£42**



Set-top box

**£21**



Electric kettle

**£24**



Iron

**£4.50**



Game console

**£7**

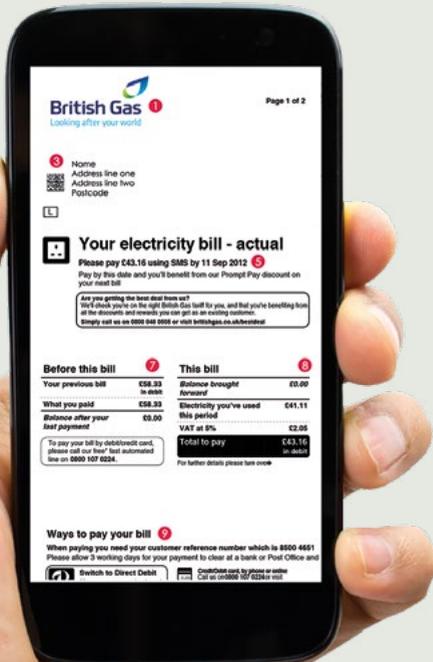
# How Catalyst can help

We offer a range of services to help you save energy and money as well as keep your home warm.

## Snap Your Bill

Just take a picture or screenshot of your bill and send it by:

- phone: **07860 704185** (through text, picture message or WhatsApp)
- email: [sustainability@chg.org.uk](mailto:sustainability@chg.org.uk)



We'll then work out if you're getting a fair deal. If there's a better deal, we'll send you the details to help you make the switch.

## Sustainability and Fuel Poverty Fund

We use the money generated from the solar Feed in Tariff to pay for measures and, as a last resort, pay utility bills for residents with fuel debts.

For more details contact the sustainability team by:

- calling **0300 456 2099**
- emailing [sustainability@chg.org.uk](mailto:sustainability@chg.org.uk)

## Home visit and energy audits

We'll visit your home to get a better understanding of your energy needs and suggest changes so you can reduce your utility bills.

## Energy surgeries

Look out for the sustainability team at local events and community centres. Then drop in for some advice and useful tips.

## Understand your bill

We can give you advice on how to understand your energy bill. So please bring your bills to one of our surgeries or make an appointment to see us. We'll help you understand how to make sense of what you spend and how you can reduce costs.



**Catalyst**

If you need any of this information in large print, Braille, on audio-tape or explained in your own language, please call us.



**BY PHONE**

London customers:

0300 456 2099

South East customers:

0300 456 2090



**BY EMAIL / ONLINE**

[sustainability@chg.org.uk](mailto:sustainability@chg.org.uk)

Via our website at

[www.chg.org.uk](http://www.chg.org.uk)



**BY POST**

Ealing Gateway

26–30 Uxbridge Road

London W5 2AU



**ON TWITTER**

Follow us [@CatalystHousing](https://twitter.com/CatalystHousing)



**ON FACEBOOK**

Like us [Catalyst Housing Ltd](https://www.facebook.com/CatalystHousing)